



Kukkiwon Instructor Seminar with Master Jaeung Shin

Swiss Taekwondo had the amazing opportunity to welcome Master Jaeung Shin, Kukkiwon Dispatched Instructor in Latvia in October. Master Shin presented an incredibly valuable two day seminar to an impressive group of 50 distinguished Swiss Masters, instructors and athletes in Berne, Switzerland. He quickly won the crowd's hearts not just with his humor and engaging teaching style but also with his eye for details and precision. The focus of the training was going over Kukkiwon's standards and how to teach them to our students - this meant going back to the roots with basic technique and fundamentals. Master Shin's down to earth and lively attitude made for a fast-paced, fun first training day which concluded with a chance to network and reconnect with old friends and colleagues.

The second day continued with more techniques and details. Master Shin included a theoretical part introducing Kukkiwon as an organization and providing insights and details about grading Dan tests. He stressed the importance of incorporating the athletes' dignity into the test assessment - something often overlooked when focusing on technique, style and endurance.

Master Shin left a lasting impression on everyone participating in the event. We all already miss him and cannot wait to invite him back to teach again in Switzerland. Thank you, Master Shin, for spending your time with us and coaching us with your impressive expertise and wisdom.



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