

Poomsae Kader 2025

Name	Vorname	Grad	Club	Kat. 2025
Kehrli	Kyra	1.Poom	Noels Teakwondo	F U30
Winkenbach	Alicia	2. Dan	Kim Teakwondo Biel	F U30
Leuenberger	Sarah	1. Dan	Kim Teakwondo Biel	F U30
Chavanne	Maria (Masha)	1. Poom	Kim Teakwondo Biel	F U30
Van Aarnhem	Liv	1. Dan	Teakwondo Riehen	F U30
Parroche	Katija	3. Dan	Teakwondo Riviera	F U40
Höner	Nayeli	1. Poom	Teakwondo Riehen	Junior F
Blattert	Kaja	1. Poom	Kim Teakwondo Biel	Junior F
Probst	Leonie	2. Dan	Kim Taekwondo Schaffhausen	Junior F
Cifrek	Martina	2. Dan	TKD Riehen	Junior F

Helsen	William	1.Poom	Taekwondo Bulle	Cadet M
Tanael	Mathieu	1. Poom	Teakwondo Riehen	Junior M
Morath	Daniel	1. Dan	Teakwondo Riehen	M U30
De Freitas	François	6. Dan	Il-Gi Dojang Genève	M U60
Sanchez Hernando	Luis Angel	4.Dan	Summit Teakwondo Lugano	M U50
Bucher	Reto	2. Dan	Teakwondo Entlebuch	M U50

Para Poomsae National Team 2025

Name/Vorname		Grad	Club	Kat. 2025
Nakamura	Kenji	1. Dan	Twist Zürich	Para P20 18-30

National Coach

Name/Vorname		Grad		
Gilgen	Maria	4.Dan		COACH

01.01.2025/MG,tkl